



## 2015 Convention



THE 44TH ANNUAL CONFERENCE OF THE INTERNATIONAL ASSOCIATION OF OROFACIAL MYOLOGY WILL BE DEDICATED TO "BILL" ZICKEFOOSE. A SPECIAL TRIBUTE AND PRESENTATION WILL BE INCLUDED AS PART OF THE FLA. CONFERENCE HONORING "BILL". WE HOPE YOU WILL ATTEND.

*William Zickefoose*



Miyako Takahashi, RDH, COM received her education at the Nippon Dental College School of Dental Hygiene. Miyako trained to become an orofacial myologist in Japan. She also travelled to the United States to train with Dick Barrett, Bill and Julie Zickefoose. She became a certified orofacial myologist in 1999. Miyako was a course instructor for orofacial myofunctional courses that Bill and Julie Zickefoose offered in Japan. She has over 25 years of experience as an orofacial myologist. She works with her husband in their private practice in Tokyo, Japan. Miyako is a member of the Academic Committee of the Japanese Society of Orofacial Myofunctional Therapy.



Dr. Osamu Takahashi, DDS, COM received his education at the Nihon University School of Dentistry in Matsudo, Japan in 1986. From 1991-2000 he was a faculty member of the Nihon University School of Dentistry. Dr. Takahashi is an IAOM member and was certified by Julie Zickefoose in 1996. In 2000 he became the Director of the Takahashi Orthodontic Office and works with his wife in their private practice in Tokyo, Japan. In 2008 Dr. Takahashi became certified as an orthodontist by the Japanese Board of Orthodontics. Dr. Takahashi is the Deputy Director of the Japanese Society of Oral Myofunctional Therapy. He is the author of "The Practice of Orofacial Myofunctional Therapy" published in 2012 (in Japanese).

We are so fortunate to be joined by Dr Osamu Takahashi DDS, COM and Miyako Takahashi, RDH, COM as they share their recent research with us; "Effective Cooperation of Orthodontics and Orofacial Myology". The Takahashis were friends, and colleagues of Bill's, and are joining us from Japan as part of this special event.

## **2015 IAOM Convention Poster Session Update**

Preparations for the 2015 IAOM Poster Session are well underway.

The 2015 Poster Session Committee Members are:

Sandra Coulson, MS, ST, ED, COM  
Joni Loftin, MSP, CCC-SLP, COM  
Roberta Kelley, MS, CCC-SLP, COM  
Ann McCormick, MS, CCC-SLP  
Kimberly Benkert, RDH, BSDH, MPH, COM, FAADH  
Rossana Ramires, M.SLP CCC-SLP, SLP, OMTS, PHS  
Fumiyo Tamura, Ph.D, DDS  
Jayanti Ray, Ph.D, CCC-SLP  
Barbara Erskine, MS, CCC-SLP, COM  
Advisor: Pat Taylor, MEd, CCC-SLP COM IJOM Editor  
GoToMeeting Coordinator: Shari Green, AAS, BA, RDH, COM

Committee Members established the following goals for the 2015 Poster Session:

Increase international participation.

Increase student participation.

Convention participants will utilize the information learned from the Poster Session in their practices.

The Poster Session will stimulate increased interdisciplinary communication.

The Poster Session will increase awareness of the IAOM.

This year to encourage more student participation, Jayanti Ray has introduced a new component to our Poster Session called 'Research Briefs'. A research brief is a document that helps a researcher to plan an appropriate study. These student submitted studies, while not generalizable may highlight an important research question and stimulate conduction of larger studies.



Committee members are now busy evaluating all submitted research abstracts. Accepted posters will be displayed at the convention.

Please contact Barbara Erskine at [iaom2015postersession@gmail.com](mailto:iaom2015postersession@gmail.com) with additional questions.

**Additional Conference Information:**

SEEKING VENDORS AND SPONSORS FOR THE ORLANDO CONFERENCE!

For more info contact: Rich KammueLLer at:  
[skammueLLer@comcast.net](mailto:skammueLLer@comcast.net)

This is a great opportunity to get your name out there, and help IAOM at the same time. You can sponsor a lunch, an item, a break, a speaker, an event, sign up for a vendor table, etc., or just use your imagination on how you would like to help make this conference special with your unique contribution. Perhaps you know another professional who would like their name out there. Spread the word...Sponsors and vendors receive oodles of promo time, face time front and center, and a print and web presence. Space will be limited. Don't miss out on this great opportunity!

Do you need a roommate for the conference? Jill Gertz will be the "roommate matchmaker". If you need a roommate, contact Jill at [LVspeak@cox.net](mailto:LVspeak@cox.net).

Also new this year, we will be loading the documents from the speaker presentations onto a digital format, to be made accessible to attendees. The Florida Committee is also participating in a fund raising project at the conference. A small poster (suitable for a suitcase), (prepared by a professional artist) on OM will be offered for sale at the conference. They are also planning to include an additional speciality item or two as well. Stay tuned for further developments.

The Florida Committee would love your help on site in Florida as well. Please feel free to contact me if you'd like to be part of volunteering to help with this wonderful conference. What a great way to be part of the "Magic".

## **Update on BOD- The IAOM Vision AND Strategic Plan**

The board has chosen a VISION. The vision is:

*The IAOM will advance the field of Orofacial Myology through accreditation, education, and research.*

Professional Meeting Facilitator, Paul Beatt will be helping us to update our Strategic Plan. This is a necessary component of our future reorganization plans in the upcoming months. We have now applied to Tuck University and received confirmation of our application. We now await availability, which should put us at the top of the list for this fall, again, nicely timed with the IAOM reorganization and completion of our Strategic Plan as this all comes together. The board is planning a series of strategic sessions in the summer and just prior to the conference. Both current and incoming boards will be brought together. I will be inviting the upcoming board to join us in the coming months as well to sit in and "learn the ropes" so as to help with our transition from board to board in the future.

## **CLINICAL EXCHANGE**

Naurine Shah, who will be presenting at the 2015 conference on Photography joined us last month to discuss photography, and her experience of practicing as an International Orofacial Myologist in Canada. We have a link to her presentation, which is entertaining and informative. The info from Pat Pine's excellent forum on asepsis, "Stealth Safety" can also accessed at the same link on the next page,

In addition, If you have a special topic you wish to see presented or you wish to be interviewed for a broadcast, please write me at:


thumblady@yahoo.com



LINK: copy and paste in your browser below to access the previous OROFACIAL MYOLOGY CLINICAL EXCHANGE recordings:

<https://onedrive.live.com/redir?resid=5450A5697B7BF6F9!2041&authkey=!APInkMRPg-y1Cto&ithint=folder%2cmov>

**SPRING BROADCAST - OROFACIAL MYOLOGY CLINICAL EXCHANGE**  
**FRIDAY MARCH 13, 2015 at 8:00 CST**  
**"Make Your Photos Speak For You" - A Preview**



**Naurine Shah RDA II, COM, BDS**  
Certified Oral Myologist, Certified Orthodontic Auxiliary,  
Registered Level II Assistant, Calgary Alberta.

**Go To Meeting - Space is Limited to 1st 100 Attendees**  
Join us for this free programming. Use the link below:  
1. Please join my meeting, Mar 13, 2015 at 8:00 PM CST.  
<https://global.gotomeeting.com/join/822003213>  
2. Use your microphone and speakers (VoIP) - a headset is recommended. Or, call in using your telephone.

Canada: +1 (647) 497-9351  
United States: +1 (224) 501-3217  
Access Code: 822-003-213 Audio PIN: Shown after joining the meeting  
Meeting ID: 822-003-213

**About Naurine:**  
Naurine Shah has worked in the dental field for over 10 years in various capacities and has a broad scope of interest including patient education, application of orthodontics and myofunctional therapy for better sleep and airway development.



Naurine has had her formal education in dentistry and was the first Certified Oral Myologist in Calgary Alberta. She is certified with the Canadian Dental Assistants Association and continues to mentor and educate various dental professionals on the benefits of Oro-facial Myology. She is also an active member of the community educating parents and teachers by holding various workshops. Her vision is to be able to connect the various modalities of dentistry through the importance of Orofacial Myology for a better overall health. She will be a featured speaker at the IAOM Annual Conference on Oct. 2-4, 2015 in Walt Disneyworld, Florida on the topic of dental photography for the Orofacial Myologist. We will also be discussing her experiences practicing Orofacial Myology in Canada.

Come prepared with questions for Naurine. This is a "Clinical Exchange" and audience participation following the interview is highly encouraged. You can also text questions directly into the chat area.

**The Orofacial Myology Clinical Exchange** was created as a resource for Orofacial Myologists and other qualified health professionals. It is a place to exchange thoughts and ideas on clinical techniques and Orofacial Myofunctional Disorders, or other related topics of interests. If you have an idea for a future broadcast, please contact us at: [thehumboldt@gmail.com](mailto:thehumboldt@gmail.com)

**The Orofacial Myology Clinical Exchange**  
Moderated by Shari Green, C.O.M.  
President, International Association of Orofacial Myology

For more information on IAOM, visit:  
[www.iaom.com](http://www.iaom.com) or Like us on Facebook & follow us on Twitter at: [IAOMtoronto](https://twitter.com/IAOMtoronto)



Thank you,  
both. You  
have  
enriched our  
lives and  
helped us  
become  
better  
clinicians!

**The Orofacial Myology Clinical Exchange**



**Pat Pine, RDH**  
of Unique Dental Services  
OSHA Safety and  
Infection Prevention  
for Health Care  
Professionals

**STEALTH SAFETY**  
(Behind the scenes safety in your practices)

Pat's mission is to keep clinicians and their patients safe and healthy, during and after therapy. Pat, an expert on aseptic practice sets the standards of care and compliance and lectures on this topic throughout the world. She provides OSHA training BOOT CAMP for healthcare professionals that includes a MOCK inspection and infection control training for the team

With your host, Shari Green, COM  
President of the International  
Association of Orofacial Myology



Orofacial Myology Clinical Exchange will be once again air this summer. Paula Fabbie and Kathy Winslow have been invited to talk a little bit about their upcoming presentation at the conference on Complex Cases.



**Paula Fabbie, RDH, COM**  
**Kathy Winslow, RDH, COM**

**Complex Cases: Who's on Your Team, When to Hold, When to Fold**



## SUMMER BROADCAST-OROFACIAL MYOLOGY CLINICAL EXCHANGE

**Paula Fabbie, RDH, BS, COM    Kathy Winslow, RDH, COM**

**Go To Meeting - Space is Limited to First 100 Attendees**  
**Tuesday June 9, 2015 at 7:45 PM CDT**



Paula Fabbie, RDH, BS, COM is an IAOM member who has enjoyed a career in clinical dental hygiene for over 35 years. She is currently in private practice in the New York tri-state area. Paula has written articles on orofacial myofunctional disorders geared toward healthcare professionals. She has written a peer reviewed dental course for continuing education credits for dentists, dental hygienists and assistants. Paula lectures as a part of dental and medical team on the subject of orofacial myofunctional disorders.



Kathy Winslow RDH, COM is an IAOM member and Faculty Member of the ALF Educational Institute and Osteo/Dental Interface Group. Kathy practiced clinical dental hygiene with expanded functions for over 30 years. She has enjoyed practicing orofacial myofunctional therapy in the San Francisco Bay area for the past 10 years. Kathy lectures frequently on OMD's to the public dental groups, and is part of the ALF mini residency program-integrating myofunctional therapy-for the team approach.

Difficult cases often require a tiered approach. Paula and Kathy will share some brief insights on complex and unique cases that can thrive with a team centered approach. Come prepared with questions! Paula and Kathy will be presenting this topic in depth at the IAOM conference Oct. 2-4 at Walt Disney World, Florida.

1. Please join our OMCE meeting, Jun 9, 2015 at 7:45 PM CST. <https://global.gotomeeting.com/join/195729213>

2. Use your microphone and speakers (VoIP) - a headset is recommended. Or, call in using your telephone. Dial +1 (646) 749-3131 Access Code: 195-729-213

Audio PIN: Shown after joining the meeting Meeting ID: 195-729-213 GoToMeeting®

This is a "Clinical Exchange" and audience participation following the interview is highly encouraged. You can also text questions directly into the chat area.

**The Orofacial Myology Clinical Exchange** was created as a resource for Orofacial Myologists and other qualified health professionals. It is a place to exchange thoughts and ideas on clinical techniques and Orofacial Myofunctional Disorders, or other related topics of interests.

If you have an idea for a future broadcast, please contact us at: [thethumb lady@gmail.com](mailto:thethumb lady@gmail.com)



**The Orofacial Myology Clinical Exchange**  
Moderated by Shari Green, C.O.M.  
President, International Association of  
Orofacial Myology

*For more information on the International Association of Orofacial Myology (IAOM), visit: [www.iaom.com](http://www.iaom.com)  
Like us on Facebook or tweet us and follow us on Twitter at: [IAOM@ouriaom](https://twitter.com/IAOM@ouriaom)*







# Find the Magic of Orofacial Myology

...IAOM 2015



I nnovate  
A dvocate  
O riginate  
M otivate

October 2 - 4, 2015

The International Association of Orofacial Myology  
Walt Disney World Resort, Florida



## Dr. Kevin Boyd, DDS, M.Sc - Keynote Speaker

1. *Revolutions in Human Evolution: How Advances in Agriculture and Industry Have Impacted Craniofacial/Craniorespiratory Development Over the Last Ten Thousand Years.*
2. *Malocclusion Phenotypes and Sleep Disordered Breathing in Early Childhood: Description, Assessment and Treatment.*
3. *When to Refer: Orofacial Myofunctional Therapy as a Vital Component of Orthodontic/Dentofacial Orthopedic Treatment Success.*



## Dr. Alison Hazelbaker, Ph.D, IBCLC, FILCA, CST, RCST

*Tongue Tie: A Journey from Past to Present.  
To Clip or Not to Clip*



## Rossana Ramires, M.SLP CCC-SLP, OMTS, PHS

*Orofacial Myofunctional Therapy  
Customizing Therapy Exercises*



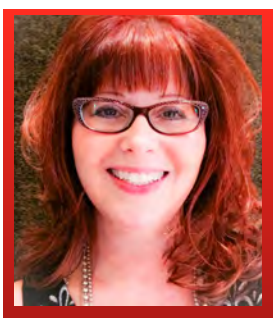
## Dr. Fumiyo Tamura, Ph.D. (D.Sc.)

*Dentistry in Japan*



## Howard Green, M.B.M. MSIS

*The Interrelationship of Wind Instrument Technic,  
Orthodontic Treatment, and Orofacial Myology*



**Shari Green, RDH, COM, BA**

*Thumb Class is Now in Session*



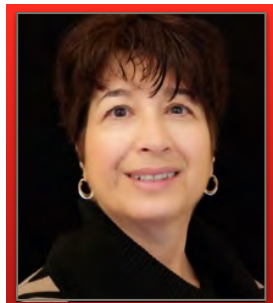
**Naurine Shah, BDS, COM, COA**

*Let Your Photos Speak For You*



**Mable Sharp, PT, MS**

*Effects of Postural Musculature on Orofacial Function*



**Paula Fabbie, RDH, COM**

*Complex Cases: Who's on Your Team, When to Hold,  
When to Fold*



**Kathy Winslow, RDH, COM**

*Complex Cases: Who's on Your Team, When to Hold,  
When to Fold*

*The International Association of Orofacial Myology has  
been a trusted resource for families and practitioners  
seeking information and expertise on Orofacial  
Myofunctional Disorders for over 40 years.*

**To Register, click here:**

**<http://www.iaom.com/2015Convention.html>**



**1-360-683-5794**

**[www.iaom.com](http://www.iaom.com)**

**Sequim, Wa.**

***Follow us on Facebook  
and Twitter for updates!***





44th Annual Convention  
International Association of Orofacial Myology  
Dedicated to the Memory of  
William "Bill" Zickefoose  
A Founder and Lifetime Member

[Come Experience the Magic of Orofacial Myology](#)

October 2-4, 2015  
Holiday Inn - Lake Buena Vista, FL USA

IAOM Convention Committee:  
Convention Chair: Anita Weinfield  
Program Chairs: Barbara Erskine  
Hospitality Chair: Sandra Holtzman  
Marketing Chair: Marge Foran  
Secretary/Treasurer: Chris Mills  
Poster Chair: Barbara Erskine  
Additional Members: Rich Kammueeller,  
Pat Taylor, Jenn Asher, Shari Green

THURSDAY October 1:  
8:00 - 5:00 pm Board of Directors Meeting

6:30 – 8:30 pm Board of Examiners Meeting

-  
IAOM CONVENTION PROGRAM –  
OCTOBER 2-4

FRIDAY October 2

7:00 am	Registration (All Day)
7:00 – 8:00 am	Breakfast/Posters/Vendors
7:45 – 8:00 am	Opening Remarks: President Shari Green, AAS. RDH (ret.) COM., BA
8:00 – 8:30 am	Dr. Osamu Takahashi DDS, COM & Miyako Takahashi, RDH, COM Effective Cooperation of Orthodontics and Orofacial Myology
8:30 – 10:30 am	Dr. Alison Hazelbaker, Ph.D, IBCLC, FILCA Tongue Tie a Journey from Past to Present: To Clip or not to Clip (Part 1)
10:30 – 10:45 am	Break/Posters/Vendors
10:45 – 12:00 pm	Dr. Alison Hazelbaker, Ph.D, IBCLC, FILCA Tongue Tie a Journey from Past to Present: To Clip or not to Clip (Part 2)
12:00 – 12:55 pm	Lunch on your own OR Naurine Shah, RDA II, COM, BDS Let Your Photos Speak for You (Part 1)
1:00 – 3:00 pm	Shari Green, AAS., RDH (Ret.), COM., BA The Thumb Class is Now in Session
3:00 – 3:15 pm	Break/Posters/Vendors
3:15 – 4:15 pm	Dr. Fumiyo Tamura D.D.S., Ph.D. Dentistry in Japan
4:15 – 6:15 pm	Howard Green, B. Mus., M.S.I.S., PMP The Interrelationship of Wind Instrument Technic/Technique, Orthodontic Treatment, and Orofacial Myology
6:15 – 8:30 pm	Break
8:30 – 9:00 pm	Poster Reception
9:00 – 11:00 pm	President's Reception

SATURDAY October 3

7:00 am	Registration (All Day)
	Posters & Vendors
7:45 - 8:00 am	Slideshow: Honoring Bill Zickefoose, IAOM Founding Member Nancy Magar, MA, CCC-SLP, COM
8:00 – 10:30 am	Dr. Kevin Boyd, DDS, M.Sc. Airway Disaster Prevention: How Combined Dentofacial Orthopedics and Orofacial Myofunctional Therapy in Early Childhood Can Decrease Risk for Obstructive Sleep Apnea, ADD/ADHD and Childhood Obesity
10:30 – 10:45 am	Break/Posters/Vendors
10:45 – 12:00 pm	Dr. Kevin Boyd, DDS, M.Sc. Airway Disaster Prevention cont.
12:00 – 12:15 pm	Break/Posters/Vendors
12:15 – 1:30 pm	Dr. Kevin Boyd, DDS, M.Sc. Sleep Hygiene and Airway Risk Assessment for Dummies
1:30 – 3:30 pm	Mable Sharp, PT, MS, CST, LMT Effects of Postural Musculature on Orofacial Function



3:30 – 4:00 pm	Posters/Vendors
4:00 pm	Concludes Second Day, Free Buses to Disney Parks

- IAOM CONVENTION PROGRAM CONTINUED -

SUNDAY October 4

7:00 - 12:00 pm	Registration
7:00 -	Posters & Vendors all day
7:00 – 8:00 am	Breakfast
7:30 – 9:30 am	General Session
	Installation of 2015-2017 IAOM BOD
	Business Meeting
9:30 – 9:45 am	Break/Posters/Vendors
9:45 – 11:45 am	Rossana Ramires, M.SLP., CCC-SLP, OMTS, PHS Orofacial Myofunctional Therapy - Customizing Therapy Exercises
11:45 – 12:00 pm	Break
12:00 – 1:00 pm	Lunch on your own OR
	Lunch & Learn with Naurine Shah, RDA II, COM, BDS Let Your Photos Speak for You (Part 2)
1:00 – 2:00 pm	Rossana Ramires M.SLP., CCC-SLP, OMTS, PHS, Orofacial Myofunctional Therapy - Customizing Therapy Exercises cont.
2:00 – 4:00 pm	Kathy Winslow, RDH, COM Paula Fabbie, RDH, BS, COM Who's on Your Team? When to Hold, When to Fold
4:00 – 4:30 pm	Vendors
4:30 pm	Convention Concludes Concluding Remarks Mary Billings, MA, CCC-SLP, COM IAOM President

**NOTE: this is a preliminary  
program document that will be  
updated and finalized in the  
future.**

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## Subject: Texas meeting

### Mentoring Chair Update



From the desk of Dana Surena-Mattson

What is a Mentor? There are so many varying definitions of what it means to be a Mentor. In an attempt to capture the heart of the definition of mentorship, researchers and writers have come up with several possibilities. A Mentor can be:

- One who teaches and guides
- One who nourishes the mind and spirit
- One who is a friend
- One who encourages and is a rallying cheerleader
- One who fosters deeper thinking
- One can be a personal advisor or not

No matter what the "definition" may be – no matter what we choose to call it- Mentorship is a role that is rooted in conscious efforts. The best mentoring relationships are mutual ones. We have all been in positions where we had that one person that we could count on to help us through our most challenging times whether it be in life, in therapy, with a patient, or taking an exam. Well I have and continue to have many within the IAOM who continue to help me in my many moments as a clinician! I am honored and humbled to have been recently named the new Mentor Chair for the IAOM. I am excited to begin this journey of "paying it forward," that had been spearheaded by the brilliance of Mary Billing and Stephanie McCabe. As Chair, I am ready to embrace the fact that mentorship can be a combination of ALL of the above.

For those of you who are new to the IAOM, we as the Mentoring Committee are here to help make your journey to becoming a Certified Orofacial Myologist a fluid one. USE US!!! We are here for you! We cannot help you if you don't come forward. Every question is a valid one and will always be treated with utmost respect and care. We as a group will always find a way to help you.

Those who are or were on the Mentoring Committee and are interested in staying on, may you please do me a favor and shoot me an email at dsmslp@aol.com. I am in the process of bringing the functioning of the Committee back to the days of old, where we resolved every question as a group- as a team- as a family – not as an individual. So PLEASE...PLEASE... if you are still interested in being a part of this fabulous family within a family- please shoot me an email with your contact information and what your passion and specialty is. If any of you readers feel that someone within the IAOM who is a COM would make a great mentor or YOU got great help and support in your journey to becoming a COM and want to pay it forward, let me know who they are and how to reach out to them and I will contact them or you personally. We as a committee need you to share your heart, expertise and experience! The commitment is not a taxing one in this format. To me, what is important in mentorship is being able to give the best of yourself consistently and doing so with an open heart and an open mind. Who do I need? I am looking for SLP's, RDH's and DDS's as well as some who have been COM's for a long time and some who are new. As a Mentor, you will be helping shape the future of the IAOM. If you love the IAOM as much as I do, come join me in making it as strong and as successful as we know it can be!

**Dana Surena-Mattson, MA, CCC-SLP, TSHH, COM, LMRVT-C, CSCFT-C, LSVT-C, PROMPT-L2, HANEN-C**



**From Anita Weinfield:**

One of the largest nationwide conventions for dental professionals, TDA, will be held in Austin Texas from May 7-10. They are anticipating an attendance of nearly 12,000. IAOM will be there to display our brochures, our logo, and information about our approved courses. Kristie Gatto and Dianah Davidson will be there to answer questions and let you know about the IAOM convention and more! Be sure to visit them.

**Convention Brief:**

*From: Barbara Erskine, MS, CCC-SLP, COM, Poster and Program Chair*

May 30th Poster Authors will be notified as to whether their posters were accepted. I then plan to send a document to you with the country flag, poster author names and credentials and title of poster to Jenn so it can be placed on the web. Something similar was done in 2013.

Friday October 2nd Poster Abstracts- The final component of this poster scoring will take place on Friday October 2nd. The scores will then be tallied and awards will be presented in the evening. After that the award winning abstracts will need to be placed on the web. All poster authors will have submitted a copyright transfer form.

**Welcome New Members**

- ❖ Kyra Griffith, MS, CCC-SLP of Los Angeles, CA
  - ❖ Lily Carlock, RDH of Bloomington, IL
- ❖ Amanda Oster, MS, CCC-SLP of Brandon, SD
- ❖ Morgan Hickey, MA, CCC-SLP of El Paso, TX
- ❖ Helen Turk, MS, CCC-SLP of Toronto, Ontario Canada
- ❖ Glenda Zamzow, BA, RDH of Calgary, Alberta Canada
- ❖ Kathy Gernhard, BA, RDH of Calgary, Alberta Canada

**Here Come the New COMs!**

- # 208 Mary Meehan, MA, CCC-SLP, COM of St. Louis, MO
- # 209 Judith Dember-Paige, RDH, COM of Shrub Oak, NY
- # 210 Jane Loh, MA, SLP, COM of Fairfield, CT



## 44th Annual Convention

International Association of Orofacial Myology  
Dedicated to the Memory of William "Bill" Zickefoose  
A Founder and Lifetime Member

***Come Experience the Magic of Orofacial Myology***

FRIDAY October 2

7:00 Registration, Breakfast, and Vendors

7:45 Welcome address, IAOM President Shari Green, COM

8:00-8:30 am

Effective Cooperation of Orthodontics and Orofacial Myology

Osamu Takahashi, DDS, COM

Miyako Takahashi, RDH, COM



In Japan, dental hygienists are generally designated as myofunctional therapists within orthodontic offices. Orthodontists treat form and therapists correct function. This cooperative, combined treatment contributes to the long term stability of dentition, because form and function are so closely related. Dr. and Mrs. Takahashi have worked as an orthodontist and myofunctional therapist team for more than 25 years. They are convinced that orofacial myology and orthodontics are inseparable tools used to effectively help orthodontic patients who have orofacial myofunctional disorders. The orthodontist cannot achieve stable orthodontic results without normal muscle function. The therapist also cannot achieve stable myofunctional results without normal form of dentition. An important benefit is that normal muscle function helps create a more attractive facial appearance.

Orofacial myology and orthodontics often overlap each other and the benefits of this combined therapy approach are numerous. The orthodontist and therapist can each identify and then share problems that arise with regard to patient care. For example, if the patient needs to wear an orthodontic appliance, the therapist and the orthodontist can discuss the treatment sequence to achieve the best result. The therapist also can motivate patients to cooperate and to wear elastics and/or removable appliances. Occlusal improvement expedites therapy, benefiting both patient and therapist. The orthodontist's verbal support of therapy strengthens the patient's interest in therapy. The orthodontist and the orofacial myofunctional therapist should have an overall knowledge of each other's procedures.

Dr. and Mrs. Takahashi will present several cases studies that demonstrate the favorable outcomes achieved through the utilization of their combined therapy approach. As well, they will provide an update regarding the field of orofacial myology in Japan.

### Learning Outcomes:

- Participants will be able to learn how to combine orthodontic treatment and orofacial myofunctional therapy.
- Participants will be able to see cases with long term stability of form and function.
- Participants will be able to know the current status of orofacial myology in Japan.

**Disclosures:** Dr. Takahashi F: None NF: None Miyako Takahashi F: None NF: None



8:30 – 10:30 am

Part One-Tongue- Tie A Journey From the Past to the Future

10:45 – 12:00 pm

Part Two- To Clip or Not to Clip

Part Three- Using the Hazelbaker Assessment Tool for Lingual Frenulum Function

Dr. Alison K. Hazelbaker, PhD, IBCLC, FILCA



**Part One: Tongue-tie: A Journey from the Past to the Future**

Dr. Hazelbaker will present the history of the tongue-tie controversy and will bring participants into the present. She will present her recommendations pertaining to resolution of this controversy.

**Part Two: To Clip or Not to Clip**

Dr. Hazelbaker will present current research on tongue-tie including its definition and assessment. She will review her screening tool, the Assessment Tool for Lingual Frenulum Function (ATLFF). This presentation will include information about treatment approaches, treatment outcomes and research guidelines for clinical decision making.

**Part Three: Assessment Tool for Lingual Frenulum Function (ATLFF)**

The ATLFF remains the only research-based tongue-tie screening and assessment tool for infants under 3 months of age. Multiple videos will illustrate the use of the ATLFF during assessment and its application to clinical settings.

**Learning Outcomes:**

- Participants will be able to discuss the history of tongue-tie assessment and treatment.
- Participants will be able to define tongue-tie accurately and its impact of tongue-tie on feeding, speech, tongue mobility, and oral development.
- Participants will be able to discuss new data emerging around tongue tie treatment and treatment results.
- Participants will be able to describe the differences between classification, assessment and screening.
- Participants will be able to list the seven functions and five visual criteria for screening for tongue-tie.
- Participant will be able to describe the various manifestations of each of the screening items in infants under 6 months.
- Participant will be able to practice using the ATLFF, understand its use in his or her own practice.

**Disclosures: F: Ownership interest (stocks, stock interest, or other ownership interest excluding Diversified mutual funds (Aiden and Eva, LLC), Hold Patent on Equipment. Disclosures: F: In Kind-Waived Registration Fee, Airline Ticket, Hotel**

12:00- 12:55 - Lunch on your own (and/or)Lunch & Learn

Let Your Photos Speak For You! Part 1 \*\*\*Bring Your Clinical Cameras & Cheek Retractors

Naurine Shah RDA

II, COM, BDS



This exclusive presentation on clinical photography will elaborate upon methods and procedures to make digital photos an important part of your communication with referral sources. Clinical photography provides an objective measurement and record keeping system for orofacial myologists. It plays an important role in educating and motivating orofacial myofunctional patients and their families.

During this first part of the presentation, you will learn why taking 'before and after' pictures is so important to your work with patients. Naurine will discuss what to look for in photos and the characteristics of a good quality photo. She will provide guidelines pertaining to types, angles, views sequence, facial planes and standardization of photos. Naurine will talk about factors that need to be considered when taking a standardized photo (camera setting, lighting, background, marking table)

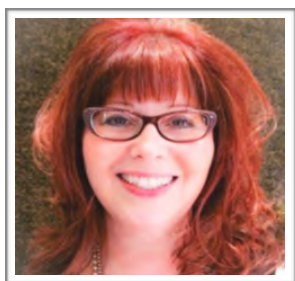
#### Learning Objectives

- Participants will be able to recognize the importance of digital photography and how to implement it in their practice of Orofacial Myology.
- Participants will be able to know the practical steps that can help to take consistent and reproducible images.
- Participants will be able to recognize the common errors made when taking photos. clinical and demonstrational use.

**Disclosures: F: In Kind-Waived, Registration Fee, Airline Ticket NF: None**

1:00- 3:00pm - Thumb Class is Now in Session

Shari Green, AAS., RDH (ret.) COM., BA (ret.)



Digit sucking behavior and the often significant ramifications of all oral habits can be devastating to children and families. We are all too familiar with the dental concerns often associated with these habits. Thumbsucking can affect a myriad of systems beyond the dentition, making a positive-based oral habit elimination program an essential skill within the toolbox of every orofacial myologist.

Professional referrals for the elimination of oral habits are frequently made to help a patient to address malposed teeth. However, the power that oral habits have over family dynamics, childhood socialization, self-worth and self-esteem often becomes the driving force for treatment. As compassionate, caring and well versed third parties, myofunctional therapists can help take a family to a place of healing and help the child rehabilitate the musculature challenges that are often an untoward result of these habits. Ms. Green will be presenting evidence-based research about the recommended timing of habit elimination, pacifier usage and self-esteem in children. She will share her research on trichotillomania and digit sucking as well.

#### Participants will:

- Recognize when a child is ready and the timing is right for initiating a positive-based habit elimination program which will promote success and increased self-esteem.
- Identify research that supports the importance of early intervention.
- Recognize that improper rest posture sustained by a digit habit can lead to significant growth and development issues in the child including the airway.
- Recognize the importance of including strategies that not only encompass habit elimination itself but address the significant ramifications of retained sucking habits including improper tongue, lip and jaw resting posture issues. F: Green 'In Kind'

**Disclosures: F: 'In Kind'- Convention Registration Fee Waived. Holds Individual Stock and in 3 corps. that will be mentioned in talk. NF: Volunteer- IAOM in Capacity of President, Board of Examiners, Sits on Advisory Board of "Control It" which will be mentioned in Presentation-Green does not receive financial remuneration.**



3:15- 4:15 pm Dentistry in Japan  
Dr. Fumi Tamura Ph.D. (D.Sc.)



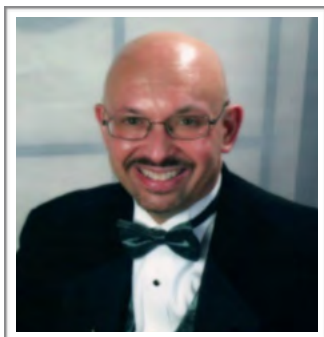
In Japan, dentists are part of a multi-disciplinary team involved in the treatment of disabled patients with dysphagia. During this informative presentation, Dr. Tamura will discuss the evaluation and treatment of dysphagic patients in Japan. Dr. Tamura's clinic is the first university-affiliated medical clinic to specialize in speech/swallowing disorders in Japan. It currently serves 3,000 adult and pediatric patients with dysphagia. Dr. Tamura's clinic also gathers important information about effective treatment. Dr. Tamura will discuss the clinic's assessment of and the treatment approaches provided to the clinic's adult and pediatric dysphagic patients. Treatment of more complex dysphagia may require the use of appliances for the development of feeding function. These appliances will be discussed. Dr. Tamura will describe how she and her colleagues gained knowledge about myofunctional therapy as a result of their work with disabled pediatric dysphagic patients with orofacial myofunctional disorders.

Participants will:

- o Receive an overview of the steps used in assessing the feeding function of disabled children in a dental practice.
- o Understand the direct/indirect feeding techniques and oral appliances used in treatment.
- o Become familiar with a parent's impressions of and feedback about services for pediatric dysphagia therapy.

**Disclosures: F: 'In Kind'- Convention Registration Fee Waived NF: Volunteer - reviews Articles for the IJOM**

4:15- 6:15 pm The Interrelationship of Wind Instrument Technic, Orthodontic Treatment, and Orofacial Myology  
Howard Green, B. Mus., M.S.I.S.



Myofunctional therapists are frequently asked if there is a relationship between wind and brass instruments and potential orofacial and orthodontic conditions.

In this informative presentation, Mr. Green will identify, define and review the synergy that exists between orofacial myofunctional disorders and orthodontic health as it pertains to wind instrument study, practice and performance. Mr. Green will summarize the skills involved in playing wind instruments commonly found in bands, orchestras and ensembles at the Junior High School, High School, College and Adult Community levels.

Aspects researched and presented will include embouchure, articulation, breath support, tongue placement, and oral posture. Criteria and strategies for choosing an instrument via orthodontic classifications and therapeutic value or contraindication will be discussed. The presentation will include video interviews with wind players, slides and actual recorded demonstration.

Participants will:

- o Be able to identify and recommend appropriate wind instrument choices for those patients who are in the process of starting or changing studies in these areas.
- o Effectively partner with private music instructors and band/orchestra directors in planning appropriate therapies for their patients.
- o Fashion strategies for working with patients to relieve instrument related manifestations for those patients who are already accomplished practitioners of

**Disclosures: F: 'In Kind'- Honoraria, Airfare NF: None**

SATURDAY October 3

8:00- 12:00 pm Airway Disaster Prevention

How Combined Dento-facial Orthopedics and Orofacial Myofunctional Therapy in

Early Childhood, Can Decrease Risk for Obstructive Sleep Apnea, ADD/ADHD and Childhood Obesity

Dr. Kevin Boyd, DDS, M.Sc



Certain malocclusion phenotypes (e.g., retro-positioned jaws, open bites/cross-bites, high/narrow vaulted palates and low tongue posture, etc.) can predispose a child to increased risk for developing sleep and breathing problems like obstructive sleep apnea (OSA).

Furthermore, OSA can predispose a child to increased risk for developing certain neurocognitive and behavioral traits often associated with ADD/ADHD. Therefore accurate assessment and appropriately timed and applied treatment of malocclusion in early childhood, should be explored whenever possible as an adjunct to other known effective therapeutic measures. These include intensive sleep hygiene patient education, adenotonsillectomy, continuous positive air pressure (CPAP) OMT, psychological therapy and drug intervention.

Audience members will have a fuller understanding of:

- Human evolution and how advances in agriculture and industry have impacted craniofacial/craniorespiratory development over the last 10,000 years.
- Malocclusion phenotypes and sleep disordered breathing in early childhood: description, assessment and treatment.
- The role played by myofunctional therapy in orthodontic/dentofacial orthopedic treatment success.

**Disclosures: F: 'In Kind - Honoraria Hotel Room, Airfare, In Kind-Waived Registration Fee**

12:15- 1:30 Lunch (included) Sleep hygiene and Airway Risk Assessment for Dummies

Dr. Kevin Boyd, DDS, M.Sc

At present there is scant content relating to the topic of sleep medicine in most allied healthcare education teaching curricula. Thus it is not surprising that most healthcare professionals today are unable to recognize signs and symptoms of sleep disorder breathing (SDB), obstructive sleep apnea (OSA) and other physical and/or behavioral manifestations of sleep deprivation within their own patient populations. Furthermore, according to Steven Sheldon, who is recognized as one of the leading Pediatric Sleep Medicine Experts in the world today, "textbooks in General Medicine and Pediatrics contain voluminous content on rare diseases that affect relatively few individuals, conversely, textbook content dedicated to the teaching of, diagnosis and treatment of sleep disorders, which affects the vast majority of children is usually confined to a few pages". Healthful sleep is as much a biological necessity as healthful nutrition and healthful physical activity; and as most humans spend at least one-third of their lifetime asleep, it is reasonable to posit that all healthcare professionals should receive at least basic evidence-based sleep-airway health risk assessment in their undergraduate and post-graduate training programs. Similarly didactic content pertaining to the impact of unhealthy function of intra-and/or peri-oral musculature tissues (myofunctional disorders) is also relatively sparse, if even at present, in the basic and /or advanced training curricula of most healthcare training institutions.

Optimal sleep-airway health is predicated upon optimal orofacial myofunctional health, having the ability to recognize existing problems and/or early warning signs of impending problems in either or both areas, will absolutely be essential for this and future generations of allied health professionals who are/will be dedicated to preventing and reversing NCD/s (non-communicable diseases) as early in life as is possible.

**Learner Outcomes**

- Attendees will understand the concept of sleep hygiene and how to utilize the PSQ (Pediatric Sleep Questionnaire) as validated in-office risk assessment tool for pediatric SDB/OSA.
- Attendees will understand the importance of teaching myofunctional hygiene to non-OMT allied health professionals.
- Attendees will understand how simultaneously promoting myofunctional hygiene and sleep hygiene practices within their own patient populations, can be conducive to producing optimal long-term overall health outcomes.



1:30- 3:30 pm Effects of Postural Musculature on Orofacial Function

Mable Sharp, PT, MS,  
CST, LMT



Every aspect of the body is connected to other body parts via the connective tissue. It surrounds, binds, separates and supports all body parts. The fascia that affects muscles surrounds every muscle fiber, bundle and entire muscle and thus can affect how the muscle performs. Therefore changes in the fascia and muscles of one part of the body can affect how another part of the body performs. Postural dysfunctions of the lower limbs, pelvis and neck can change the way postural muscles pull on the bony structure thus changing function. Once these postural dysfunctions have been assessed, one can identify whether the involved muscles are too short, too tight or too weak. Understanding these factors can lead to the development of remedial exercises/activities that can assist in improving the structure and function of muscles.

Learning Objectives:

- Recognize the effects of postural dysfunction on orofacial function
- Identify specific muscles that produce orofacial dysfunction.
- Implement remedial activities/exercise to improve orofacial function.
- Participate in a postural examination.

Disclosures: F: In Kind-Honoraria Hotel Room Paid Airfare NF: None

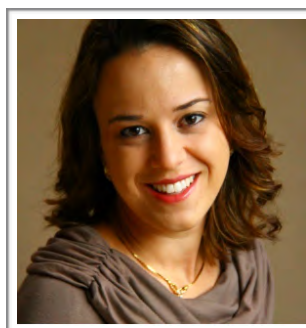
#### SUNDAY October 4

9:45-11:45 am Orofacial Myofunctional Therapy - Customizing Therapy Exercises

1:00 – 2:00 pm

Continued

Rossana Ramires  
M.SLP., CCC-SLP,  
OMTS, PHS



Orofacial Myofunctional Therapy is commonly associated with the treatment of tongue thrust and the elimination of sucking habits. However Ms. Ramires believes that OMT is more than that. Focusing on orofacial muscles and structures, OMT is neuromuscular re-education that aims to achieve adequate orofacial muscular patterns for optimal functioning of breathing, chewing, suctioning, swallowing and sleeping, thus promoting a better quality of life.

The Orofacial Myofunctional Therapist generally uses standardized exercises for tongue, lips and cheeks to achieve treatment goals. It is known that oral motor exercises are unsatisfactory if used in isolation. Orofacial Myofunctional exercises can improve the tone, mobility and strength of the orofacial muscles, adapting the orofacial functions as a focus or a consequence.

During this 3 hour class, Ms. Ramires will outline a different way to think about Orofacial Myofunctional Therapy. At the end of this session, attendees will be able to analyze their intervention and to create customized, individualized treatment plans. She will discuss the importance of correlating the comprehensive assessment, the goals to be reached and treatment steps to follow.

During her presentation Ms. Ramires will stress the need for attendees to understand the 'Why' behind the exercises that are chosen for each patient. The selection of therapy exercises will include a review of factors pertaining to patient history including patient age, occlusion and facial type. Orofacial Myofunctional Exercises might be passive or active; isotonic, isometric or isokinetic. Depending on the goal to be achieved, the exercises can be used to relax or strengthen the muscles, improve resistance or orofacial structure mobility. The purpose must be clear to determine exercise frequency, intensity and/or resistance. Myofunctional Therapy will not be based upon the number of exercises but on the group of muscles to be addressed.

Learner Outcomes:

- Analyze client needs to determine when, how and why therapy exercises are selected.
- Attendees will implement customized treatment plans in their practices.
- Attendees will create their own Orofacial Myofunctional exercises based upon the goals to be achieved.

Disclosures: F: In Kind-Honoraria Airfare, Reg. Fee Waived, Hotel NF: Member of 2015 IAOM Poster Committee

12:00- 1:00pm- Lunch on your own (and/or)

Lunch & Learn - Let Your Photos Speak For You! Part 2 \*\*\*Bring Your Cameras & Cheek Retractors

Naurine Shah RDA II, COM, BDS

Contemplating adding clinical photography camera to your orofacial myofunctional practice? Or do wish to polish your existing clinical photography skills? This presentation will help those new to clinical photography to get their feet wet. It will also provide therapists seasoned in clinical photography with specific feedback about their photos. During this second part of the presentation, Naurine will take your training one step further with a session designed to allow you take pictures with your cameras and to provide practical application and guided practice.

Learning Outcomes:

- Participants will be able to compare, share and discuss their photos.
- Be provided with a basic camera protocol.
- Identify commonly made errors and mistakes made when taking clinical photos.

2:00-4:00pm Who's on Your Team, When to Hold, When to Fold

Kathy Winslow, RDH, COM & Paula Fabbie, RDH, BS, COM

Do you ever have that "sinking" feeling after starting an orofacial myofunctional case that perhaps you have taken on more than you can handle? This course will review actual case studies from start to finish. The speakers will take you on a journey that will help you identify the problems early on and how to successfully manage complex myofunctional cases.

Proper case selection and management are critical in successful orofacial myofunctional therapy treatment outcomes. A successful complicated case outcome requires the efforts of a team with combined skills. During this presentation, participants will be provided with practical guidelines on proper case selection treatment planning and advice on co-treating complex cases with other healthcare professionals.

A cohesive team can address barriers that interfere with treatment goals. Etiologies and comorbidities must be identified and treated by the experts in their respected fields. Communication and education regarding the principles of OMT to patients and referral sources helps ensure proper identification of etiologies and comorbidities. Education of parents and patients is crucial for compliance. Ideal timing and sequencing of therapy will assist with parent/patient cooperation and efficacy of treatment.

Case studies will provide the participants with insights about how to tackle complex cases Participants will look at each new case in a different light by identifying the hidden issues and applying proven techniques that the presenters will demonstrate.

Learning outcomes:

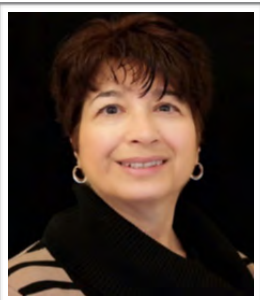
Case selection is critical for successful outcomes:

- Learn to identify potential roadblocks to finishing difficult cases. Essential operative requirements: Cooperative child and parents, uncomplicated schedules, medical issues identified and attended -a careful review of medical and dental history, and a clinician hub with aligned treatment goals. These are some of the topics to be illustrated.
- Collaborative work is productive and often essential for stable positive outcomes- all team members must have common goals and respect for each professional's contributions with clear communication and interaction. Learn who may be on your team and how you can best work together.
- Timing of Orofacial Myofunctional Therapy: Active therapy may need to postponed, or started and resumed, or even re-treated if significant life or health events interfere. Learn how to create your time-line with a global perspective, team inclusiveness, flexibility, and creativity.

Participants Will:

- Review guidelines on proper case selection.
- Understand the role played by an interdisciplinary team in the resolution of orofacial myofunctional disorders.
- Review complex case studies to learn treatment strategies that can be immediately implemented in their practice.

Disclosures: Winslow F: In Kind-Registration Fee Waived NF- None Fabbie F. In Kind-Registration Fee Waived NF: None







## Addendum - Additional Non-Speaker Conference Events

### Friday

6:15 - 8:30 pm Break

8:30 - 9:00 pm Poster Reception

9:00 - 11:00 pm President's Reception

### Saturday

3:30 - 4:00 pm Posters/Vendors

4:00 pm Concludes Second Day, Free Buses to Disney Parks

### Sunday

7:00 - 12:00 pm Registration

7:00 - Posters & Vendors all day

7:00 - 8:00 am Breakfast

7:30 - 9:30 am General Session

Installation of 2015-2017 IAOM BOD

Business Meeting

4:00 - 4:30 pm Vendors

4:30 pm Convention Concludes: Concluding Remarks Mary Billings, MA, CCC-SLP, COM IAOM President